

# Book our exclusive holiday to South Africa

*The very best of the Cape's food and wine with top chef Brian Turner*



**I'M VERY EXCITED TO tell you about our exclusive new foodie tour to one of my favourite destinations – South Africa.**

We've partnered with travel specialists Africa

Travel to put together this unique ten-day itinerary just for w&h readers. It highlights the delicious food and wine of the Cape, and you'll be joined by the brilliant TV chef and restaurateur **Brian Turner** for part of it. He'll give his expert opinion, take part

in a cookery demonstration and special gala dinner, as well as go shopping with you to a local farmers' market.

On arrival in South Africa, you'll be **met at the airport and escorted** for the entire holiday by Africa Travel's local guides. The trip leaves this November, when temperatures can reach 23°C, and with a favourable exchange rate, it's the perfect time to go.

Turn the page to see the full itinerary for what promises to be an unforgettable South African holiday. →

**1-10 Nov  
2016  
£2,895pp**

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Start your trip of a lifetime in fabulous Cape Town, overlooked by the iconic Table Mountain

## YOUR EXPERT ON THE TOUR



Brian Turner is one of Britain's best-known chefs, having trained at Simpson's in the Strand, The Savoy and Claridge's.

As well as opening his own restaurants and achieving a Michelin star, he is the President of the Royal Academy of Culinary Arts and a much-loved TV personality. He's appeared regularly on *Ready Steady Cook*, *This Morning*, *Saturday Kitchen*

and his own shows, *A Taste of Britain* and *My Life on a Plate*, on the BBC. Turner has also been awarded a CBE for his services to tourism and training in the catering industry.

He says: "This is my favourite time of the year to visit the Cape. I love the food, the wines and the friendly service. To sit outside and eat such delicious food with a great view is my idea of heaven. See you there!"

## YOUR ESCORT ALL THE WAY

**AFRICA TRAVEL** Luxury tour operator Africa Travel has been arranging tailor-made journeys in southern and East Africa for over 30 years. It has its own office in Cape Town and a network of unrivalled contacts to deliver the very best experiences, plus experienced local guides who will escort you on the ground.



## YOUR EXCLUSIVE EXPERIENCES

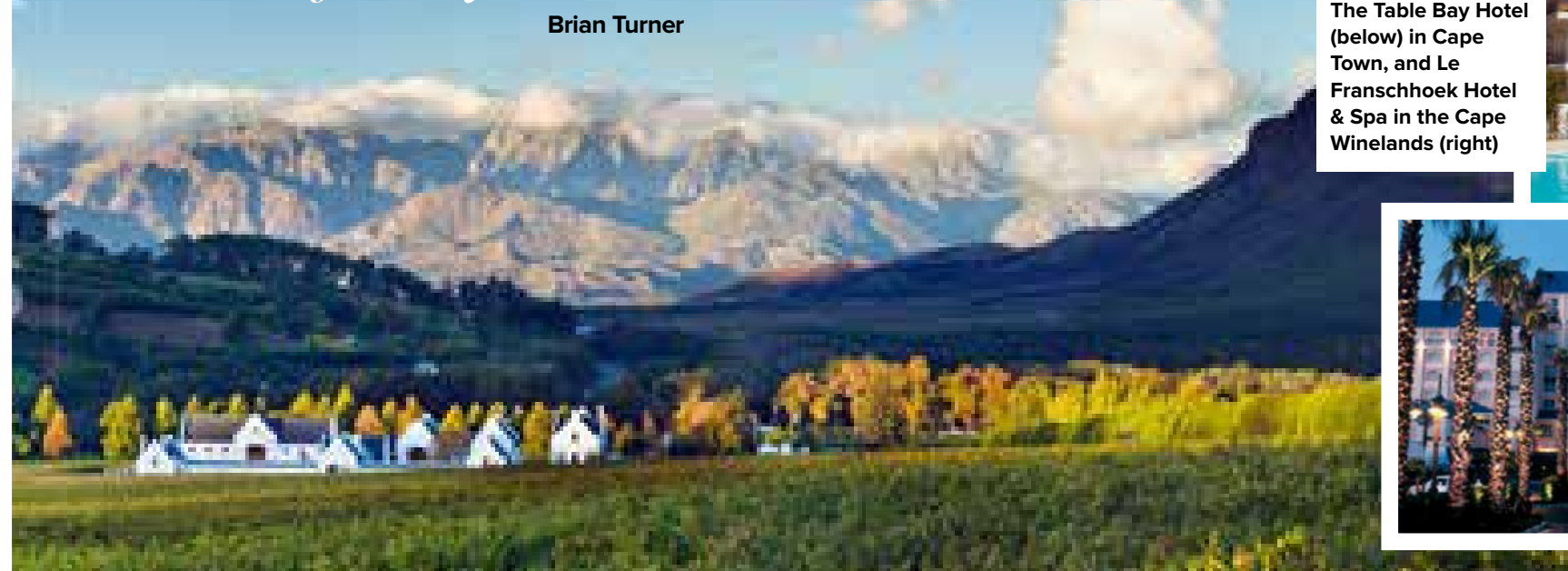
+ **TV CHEF and restaurateur Brian Turner will join you in Cape Town for two days**, and give his expert take on the food and wine of the area. With him, you'll attend a Cape Malay cookery demonstration plus get the opportunity to go food shopping and ask him any questions at a VIP gala dinner.

+ **ESCORTED TOURS of Cape Town, Table Mountain, Kirstenbosch Gardens and the Cape Peninsula** Local guides will take you to the sightseeing highlights of the area.

+ **VISITS to Stellenbosch and Franschhoek** Enjoy wine tastings and tours of the top estates plus VIP picnics and a braai.

*"This is my favourite time of the year to visit the Cape. I love the food, the wines and the friendly service."*

Brian Turner



## YOUR ITINERARY...

### TUESDAY 1 NOVEMBER

Depart London Heathrow on the direct overnight British Airways flight to Cape Town.

### WEDNESDAY 2 NOVEMBER

On arrival the group will be met and transferred to The Table Bay Hotel, where you will stay for the next four nights. One of the Leading Hotels of the World, Table Bay is set on the historic V&A Waterfront in Cape Town. After lunch, take a cable car trip, weather permitting, 1,089m to the top of iconic Table Mountain.

### THURSDAY 3 NOVEMBER

After breakfast, travel down the Cape Peninsula for the day. It offers a mix of dramatic coastal drives, deserted beaches and quaint seaside villages before it ends at the Cape of Good Hope. The journey will include a boat trip in Hout Bay to Seal Island, a drive along the photogenic Chapman's Peak Drive, a visit to view the African penguin

colony at Boulders Beach, a trip on the Flying Dutchman Funicular, and the chance to explore historic Simon's Town.

### FRIDAY 4 NOVEMBER

The group will be joined for the next two days in Cape Town by Brian Turner, who will begin his part of the tour with a walking tour of Cape Town's historic Bo-Kaap, followed by a Cape Malay cookery demonstration. Led by renowned local Cape Malay chef and TV personality Zainie Misbach, the group will be offered a hands-on, practical lesson in how to cook like a real Cape Malay "Auntie" before enjoying a traditional lunch. An afternoon visit is made to the famed Kirstenbosch National Botanical Garden. Brian Turner will host an informal Q&A session this evening over a gala three-course dinner at Catharina's Restaurant, a fine-dining restaurant on the historic Steenberg wine estate.

### SATURDAY 5 NOVEMBER

This morning, the group will enjoy a visit, in the company of Brian Turner, to The Neighbourgoods Market, housed in an old sky-lit brick warehouse and courtyard at The Old Biscuit Mill. After lunch, there's a city tour of Cape Town, taking in sights such as the Castle of Good Hope, Company Gardens and St George's Cathedral. The day is completed with a real treat – afternoon tea at a Cape Town institution, the Belmont Mount Nelson Hotel.

### 6 NOVEMBER

This morning you'll leave Cape Town to head into the famed wine region and the village of Franschhoek. You'll stay at the five-star Le Franschhoek Hotel & Spa for three nights. With glorious views of mountains and vineyards, guests can choose to stay in a selection of rooms, suites, villas and chalets. Your first visit will be to one of the Cape's most venerable wine estates, Boschendal. A guided tour through the vineyards will

## YOUR LUXURY HOTELS

The Table Bay Hotel (below) in Cape Town, and Le Franschhoek Hotel & Spa in the Cape Winelands (right)



## w&h experience

braai (barbecue), will be served, so guests can enjoy a variety of local meats and delicacies as well as some of the wines.

### WEDNESDAY 9 NOVEMBER

This morning visits will be made to the Huguenot Memorial Museum and Huguenot Monument, and there will be time to explore the shops and boutiques of this picturesque settlement. Depart for Cape Town airport in time to check in on the direct overnight British Airways flight to London.

### THURSDAY 10 NOVEMBER

Arrive London Heathrow early morning.

be followed by a wine tasting and picnic lunch. The afternoon will be spent at L'Ormarins estate, home of Anthonij Rupert Wines. After a tour a wine tasting, the group will enjoy a guided tour of the Franschhoek Motor Museum.

### MONDAY 7 NOVEMBER

The focus today will be on the historic town of Stellenbosch. First stop will be the Hidden Valley Wines estate, born out of decades of patience and determination by owner Dave Hidden, which sits on a hilltop and has stunning views. A tour of the cellar will be followed by tastings of the estate's olive oils and renowned wines, including Pinotage and Sauvignon Blanc, with the opportunity to sample the unique Shipwreck Shiraz, which was purposely sunk at sea. Lunch will be served at the estate restaurant, Overture, one of the best dining experiences in South Africa. The afternoon will be spent exploring historic Stellenbosch, one of South Africa's oldest university towns. Highlights include the Dutch Reform

Church, town hall and museum, plus galleries and shops.

### TUESDAY 8 NOVEMBER

Enjoy a day at the Welbedacht Wine Estate in Wellington, which is owned and run by the Burger family. The group will arrive in the late morning for an exclusive tasting of the estate's finest wines. Then a traditional

## COST & HOW TO BOOK

+ 1-10 NOVEMBER 2016

+ PRICE £2,895pp (two sharing)\*

+ BOOK AT [womanandhome.com/travelsouthafrica](http://womanandhome.com/travelsouthafrica) or call 020 7843 3588

**WHAT THE PRICE INCLUDES** Service of a tour manager. Economy class flights. Accommodation throughout. Daily breakfast. Lunch on 2 November. Table Mountain tour. Cape Peninsula tour with lunch. Cape Malay cookery demonstration with lunch. Kirstenbosch tour. Catharina's gala dinner on 4 November. Walking market tour. Cape Town city tour. Afternoon tea at the Mount Nelson hotel on 5 November. Boschendal picnic lunch on 6 November. Overture lunch on 7 November. Two wine tastings in Franschhoek and one wine tasting in Stellenbosch. Stellenbosch tour. Lunch and wine tasting at Welbedacht Estate. Franschhoek tour. Private transfers and transportation on tour. Entrance fees. Airline departure taxes. \*Single supplement £870.

**WHAT THE PRICE EXCLUDES** South Africa visa if required. Other meals where not mentioned in the programme. Drinks/water at included lunches. Overweight luggage. Personal expenses. Travel insurance. Tips and gratuities.